

Dear patient,

Your osteopathic therapist has conducted a thorough external examination. Based on the symptoms you have described, further examination in the area of the anal canal or, in the case of women, in the vaginal area, could help further narrow down any local causes. This examination process is referred to as "Touché."

You may be familiar with this type of examination from a proctologist or gynecologist. It can also be applied in osteopathy.

1. Your osteopathic therapist will be happy to inform you about the results of their examination thus far. They will explain the options that may arise from further proceeding with a Touché examination. They will also explain the procedure itself and the associated risks, allowing you to make an informed decision about whether you would like to undergo this Touché examination or not.
2. If you feel uncertain, your therapist will be happy to allow you the option of bringing a trusted companion with you for this type of examination and treatment.
3. If you prefer to have this Touché examination conducted by a therapist of the same gender as you, your therapist will assist you in finding a suitable practitioner.
4. Your therapist explicitly informs you that it is within your discretion to request the termination of the Touché examination at any point during its duration, and the therapist will promptly comply with your request.
5. Following comprehensive verbal clarification of the points mentioned above, your therapist is willing to grant you the time for consideration that you may require in order to make your own decision regarding the intended Touché. This period of consideration may extend until the next treatment appointment if you wish.
6. If you have received this comprehensive explanation, you may acknowledge it on this form for the mutual benefit of both parties. A copy will be provided to you immediately upon your request.
7. We, as osteopathic practitioners, are committed to this procedure in the interest of professional and responsible practice. Therefore, as a patient, you have the option to contact the Association of Osteopaths Germany (VOD e.V.) in Wiesbaden personally in the event of any irregularities.

Please check the applicable options:

- I have been verbally informed in detail about the previous examination results and all the points mentioned above
- I consent to proceed with the Touché examination while preserving my freedom to request the procedure to be terminated at any time.

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Location, Date

Patient's signature